FESA Youth 1 3 – Hills Tour

Ski Jumping and Nordic Combined

FEDERATION OF EUROPEAN SKI & SNOWBOARD ASSOCIATIONS

Version 01.08.2026

1. General rules for the competition types

FESA YOUTH 1 3 – Hills Tour

1.1 Intention

The competition series serves as a chance to compare levels of performance to young athletes of the disciplines Ski Jumping and Nordic Combined. FESA member Nations have the right to participate, likewise countries that meet the necessary criteria of the different competition formats.

1.2 Basis

Basis for the realization of the competitions are the ICR Ski Jumping and Nordic Combined as well as the FIS Youth cup specifications for competition equipment. All competitions have to be listed on the FIS calendar. This ruleset only lists special regulations valid only for the Youth 1 3 – Hills Tour competition series.

1.3 Competitions – Disciplines

There are four competition forms:

- Boys with the disciplines of Ski Jumping and Nordic Combined
- Girls with the disciplines of Ski Jumping and Nordic Combined.

1.4. Period dates

The FESA Youth 1 3 – Hills Tour takes place in the following period:

- Period: July – August
- The period serves as a basis for planning, but can be changed as necessary

1.5 FIS Officials

The FIS nominates the Technical Delegate (TD) and the Technical Delegate Assistant (TDA). The TD and TDA should come from the host nation.

1.6 Jury/Competition Management

Jury:	Technical Delegate (TD) TD Assistant (TDA) Chief of Competition
Competition Management:	FESA Coordinator Chief of Course (only NC) Equipment Control

1.7 Jumping Judges

A minimum of three FIS Jumping Judges / Candidates have to be used and can be accompanied by maximum two National judges.

All the judges can come from the host nation. The nominations are done by the FIS and the national representative.

1.8 Cup Standings

1.8.1 Individual Evaluation

The following points will be given for the results in the 3 – Hills Tour competitions:

1st	place = 100 points	16th	place = 15 points
2nd	place = 80 points	17th	place = 14 points
3rd	place = 60 points	18th	place = 13 points
4th	place = 50 points	19th	place = 12 points
5th	place = 45 points	20th	place = 11 points
6th	place = 40 points	21st	place = 10 points
7th	place = 36 points	22nd	place = 9 points
8th	place = 32 points	23rd	place = 8 points
9th	place = 29 points	24th	place = 7 points
10th	place = 26 points	25th	place = 6 points
11th	place = 24 points	26th	place = 5 points
12th	place = 22 points	27th	place = 4 points
13th	place = 20 points	28th	place = 3 points
14th	place = 18 points	29th	place = 2 points
15th	place = 16 points	30th	place = 1 point

1.8.2 Team Evaluation

1st	place = 200 points	9th	place = 40 points
2nd	place = 150 points	10th	place = 30 points
3rd	place = 130 points	11th	place = 25 points
4th	place = 110 points	12th	place = 20 points
5th	place = 90 points	13th	place = 15 points
6th	place = 70 points	14th	place = 10 points
7th	place = 60 points	15th	place = 5 points
8th	place = 50 points		

1.8.3 Leader Bib

The current leader of the FESA Youth 1 3 – Hills Tour Standings (Boys / Girls) receives the “Leader’s bib”, which he/she is allowed to keep. The “Leader’s bib” has to be worn by the leader at the 3HT event, at the official winner ceremony and at all official Ski Jumping training rounds. The „Leader’s bib“ can be provided by the organizers.

1.8.4 Equality of points

In case of equality in points between competitors, each athlete receives the points corresponding to the rank (the following place is omitted).

1.8.5 Overall Ranking 3 - HT

To determine a 3 – Hills Tour overall winner Ski Jumping the cup points of all Ski Jumping Individual competitions plus half of the Cup points from the Mixed Team competition will be taken into account.

For the overall winner Nordic Combined the cup points from the Individual competitions and half of the cup points for a team competition will be taken into account. If there is a competition day during the 3 – Hills tour that only features a Ski Jumping competition the cup points of the Ski jumping competition will be used in the overall.

2. FESA Youth 1 3 – Hills Tour

2.1 Competition formats

Hill sizes: Medium hills (HS 50 - 84m)

The competition will be held so that the athletes from Ski jumping and Nordic Combined start in the same class just separated by gender and one FIS Code for either Ski jumping or Nordic Combined is sufficient to be able to enter in both disciplines.

The Tour should consist of an individual competition in Ski jumping on the first day, followed by a Mixed team on the second day where the prizes are given to the teams. The cup points will be calculated by creating a separate list with the individual jumps of the competitors. The final day should consist of an individual competition Ski jumping with two rounds. The second round of the Individual will be used to calculate a Start list for a Nordic Combined competition. The cup points of the final day will be given for the Ski jumping competition as well as the Nordic Combined competition.

The Gundersen should be held as a cross country running competition and a coordination parkour should be done.

2.2 Age classification of competitors

The competitions will be held in Youth 1 category.

Allowed to start in the competitions are:

- Athletes born 2012 to 2014 in the season 2026/27
- Athletes born 2013 to 2015 in the season 2027/28

2.3 Girl / Boy of the Day

- Athletes born 2013 and younger in the season 2026/27
- Athletes born 2014 and younger in the season 2027/28

2.4 Quotas

Only athletes with a valid FIS code are eligible to start. A FIS code in either Nordic Combined or Ski jumping is sufficient to start both disciplines. A quota of 9 per nation and gender applies. The hosting nation is allowed to use a national group of three additional athletes for both genders.

2.5 Starting Order and Draw

At the first competition of the tournament, the starting order will be determined as per ICR in the three or four starting groups. A national group of 3 athletes has to be seeded in the first three (3) positions.

From the second competition onwards, the starting order will be determined as follows:

- National Group:
  If a national federation cannot fulfill the national group, five (5) athletes from the organizer nation without Cup-points will be drawn at the first five positions of the starting list.
- Competitors without Cup points: draw
- All competitors with Cup points will start in reverse order of the 3 – Hills Tour Standings. This means the leader of the Overall Standings will start at the end in the Leader's bib.

2.6 Team Competition

Each nation is entitled to nominate as many teams as the entries allow. The aim is that all competitors are able to start in all competitions, therefore teams with missing starters are allowed to start. Teams can be mixed between nations. For the prize giving ceremony (Top 3) only Teams consisting of one nation are eligible.

2.7 Entry fee

The entry fee for FESA commission members is € 15, - per athlete and € 15, - per team member and is calculated according to the official start list in each event. For example, in a team of 3 athletes: € 45, -.

2.8 Special Regulations

All FIS-member nations are invited to participate in the FESA Youth 1 3 – Hills Tour competitions. FIS nations which are not FESA commission members have to pay 25€ entry fee per athlete and € 25, - per team member and is calculated according to the official start list in each event.

This amount is to cover the expenses, and it is imposed on countries after their first participation in a FESA event. For the FESA-Associations the amount is included in the annual fee.

3. Organizers

3.1 Invitations

The invitations for FESA 3 – Hill Tour events have to be sent out to the National Ski Associations by the organizers 4 weeks before the event. The invitation should be a joint invitation for the whole tournament. The draft of the invitation has to be approved by the responsible FESA Coordinator beforehand. The timetable has to be designed according to the organizer's guidelines. Local requirements have to be taken into account by the organizers.

3.2 Accommodation Officials

Accommodation and full board in a suitable hotel have to be provided free of charge for all dispatched FIS Officials, FESA Coordinator or replacement, equipment controllers and timing/data service staff.

3.3. Expenses

The recompensation of the expenses for all Officials has to be done according to the FESA Alpencup rules.

4. Equipment Control, Competition Equipment

Equipment control is the responsibility of the respective FESA Coordinator.

4.1. Equipment Control FESA 3 – Hill Tour

For the FESA Games Youth I, the FIS Youth Cup suit and equipment rules are valid.

Additional regulations FESA Games Youth 1:

The measurement of the body height is made according to the FIS Youth 1 measurement procedure. The procedure will be done on the day before the first competition or training.

5. Prize Giving Ceremony

The organizers are responsible for the prize giving ceremonies. The price giving ceremony must be included in the invitation but follows the actual course of the competitions. All teams are required to take part.

To be honored are:

Individual Events Ski Jumping and Nordic Combined

The Top 6 athletes plus the Girl/Boy of the Day (see 2.3) receive prizes (trophies, presents or monetary prizes).

Team Event Ski Jumping and Nordic Combined

The top 3 teams (only consisting of one nation) receive prizes

Overall Prize Giving Ceremony Ski Jumping and Nordic Combined

The respective overall winners (The top 3 athletes receive prizes)

The trophies have to be obtained by the organizers.

Only athletes that participated in all events (SJ & NC) are eligible for winning the 3 – Hills Tour overall.

Contact FESA Coordinators:

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